

A PARISIENSE NO OUTONO

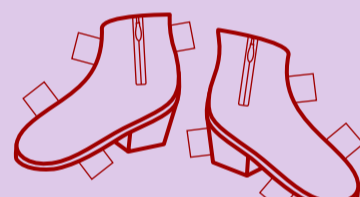
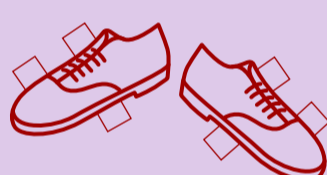
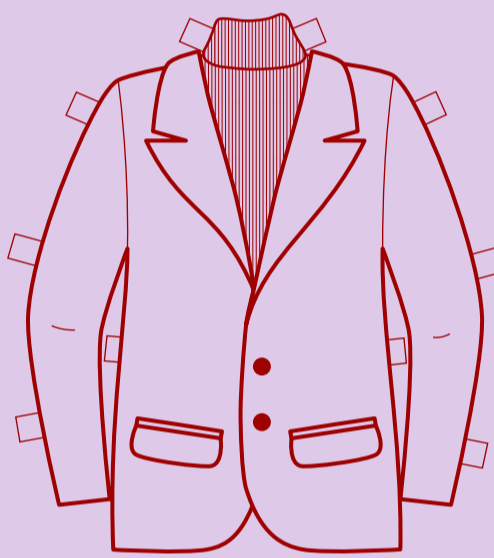
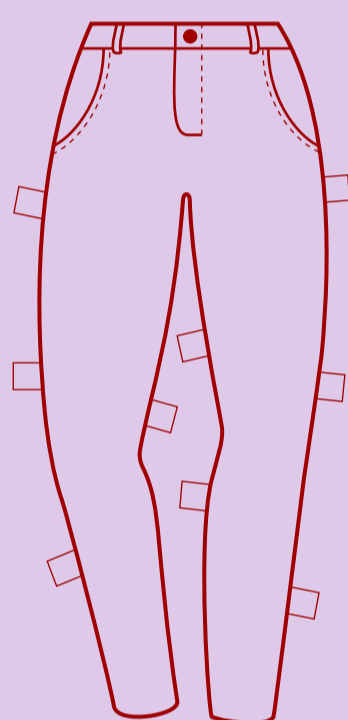
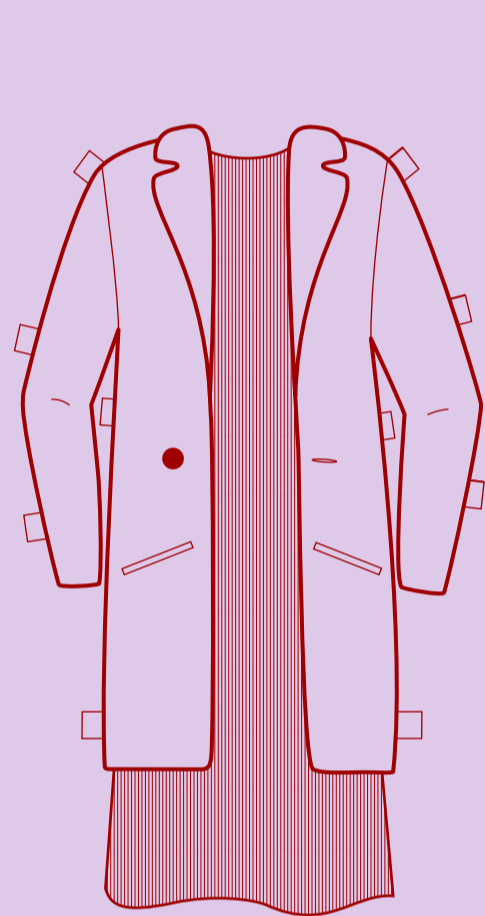
Final de verão / início de outono é a rentrée: volta das férias, o começo do ano letivo e início da temporada cultural (novas exposições, concertos e balés).

COMO ELA SE VESTE?

No outono, o mais indicado é se vestir em camadas leves (look cebola).

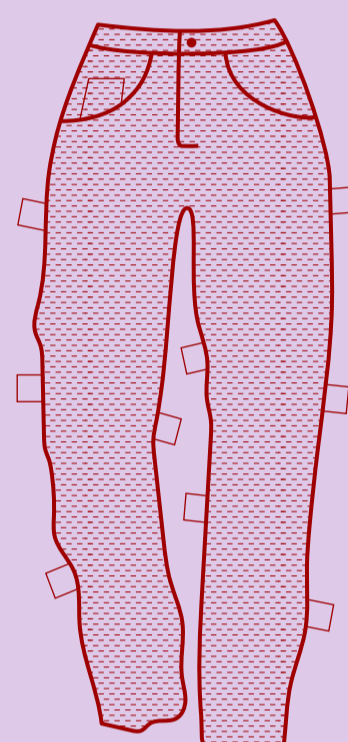
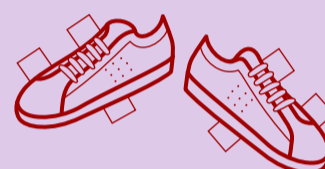
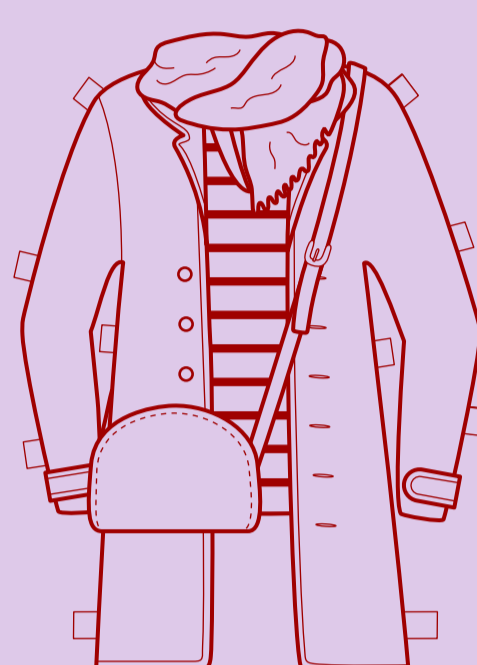
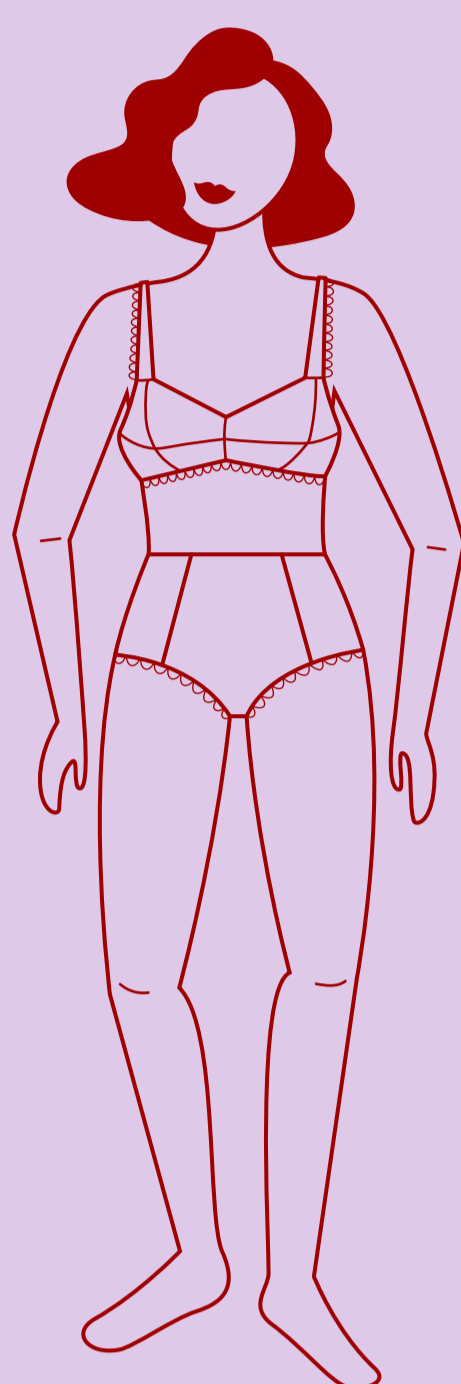
LOOK JANTAR

- vestido
- sobretudo meia estação
- meia calça
- sapato oxford



LOOK TRABALHO

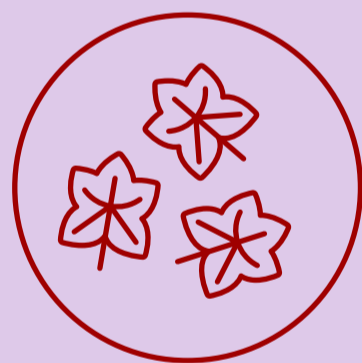
- camisa branca
- suéter leve estilo marinière
- calça jeans reta
- trench coat
- echarpe leve
- tênis branco
- bolsa tira-colo de couro



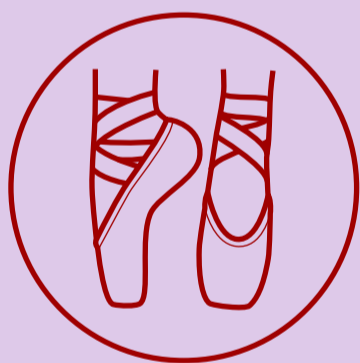
LOOK BALADA

- suéter gola rolê
- blazer preto amplo
- calça skinny preta
- ankle boots de salto grosso

O QUE ELA FAZ?



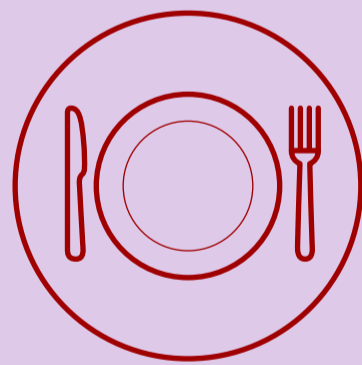
passeia pelos parques para ver as árvores douradas



retoma os programas culturais como óperas e balés



reencontra os amigos e contam sobre as férias

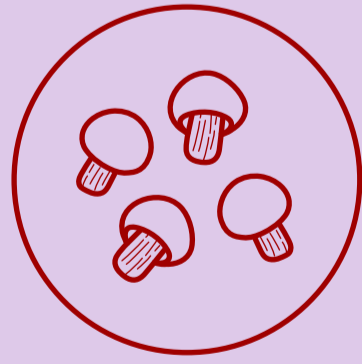


descobre os novos restaurantes

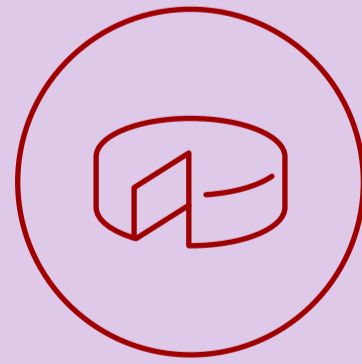
O QUE ELA COME E BEBE?



maçãs e pêras, uvas, castanhas portuguesas assadas, mexerica, toranja



abóboras, cogumelos



queijo mont d'or assado



sobremesas feitas com maçã (tarte tatin) e peras (poire belle hélène)



frutos do mar (ostras e vieiras)



esquece o vinho rosé e volta para o tinto e o branco